



High Street Primary School

St Paul's Ave, Barry, CF62 8HT

01446 734553

highstreetps@valeofglamorgan.gov.uk

HEADLINES:

Monday 24th to Friday 28th April: Year 5 Swimming (Wk 2 of 3)

Thursday 27th April: Relationships and Sexuality Education meeting for parents Thursday at 2.30pm in school.

THIS WEEK

Please remember to check in with Twitter to see the wonderful learning which has taken place at High Street this week!

FREE SCHOOL MEALS FOR ALL CHILDREN, RECEPTION THROUGH TO AND INCLUDING YEAR 6 FROM MONDAY 24TH APRIL.

The Welsh Government have agreed that the Vale of Glamorgan can progress with the roll out of free school meals to all junior pupils. This will commence on Monday 24th April. We will commence with Week 1 on the current menu (attached). Please ensure any outstanding payments are paid as soon as possible.

BREAKFAST CLUB

From next week we will be trialling the option of baked beans and potentially scrambled egg in Breakfast Club. If we are not already aware, please let us know if your child is not able to have these items due to allergies.

RELATIONSHIPS AND SEXUALITY EDUCATION - PARENTS NEEDED

On **Thursday 27th April at 2.30pm** we would like to share the first draft of this document with all parents, gathering your views and ideas. We have been working alongside other Barry schools to create a progressive framework to ensure knowledge, skills and understanding is at an age appropriate level.

NITS

Please ensure you check your child's hair daily! Please see attached information.

FOREST SCHOOLS / PE CHANGES AFTER HALF TERM:

Nursery: Fridays

Reception: Wednesdays

Year 1: Wednesdays

Year 2: Fridays

Year 3: Thursdays

Year 4: Tuesdays

Year 5: Mondays

Year 6: Tuesdays

Y Bont: PE Mondays, Forest Thursdays

*Please provide appropriate clothing.

ENTITLEMENTS

There may be several benefits you can claim if out of work or on a low income. Please follow link below. Also, please continue to let us know if your child would usually be entitled to free school meals. workingfamilies.org.uk

Friday 21st April 2023



Attendance

Whole School: 92%



Worker of the Week!!

Nursery am: Paige Sutton

Nursery pm: Kian Zahra

Reception: Wyatt Thomas

Year 1: Carter Parish

Year 2: Amber Sutton

Year 3: Darcey Weeks

Year 4: Phoebe Weeks

Year 5: Casey Mooney

Year 6: Max Biddiscombe

Y Bont: Thierry Hammill

SCHOOL TIMES - ATTENDANCE CAMPAIGN

Lateness and absence has a significant impact on your child's Education. Following half term we will be running an attendance campaign to improve these areas. Please be reminded:

Nursery am: 8.55am until 11.20am.

Nursery pm: 12.20pm until 2.50pm.

All Year Groups: 8.50am until 3pm

Y Bont: Individual timetables.

AFTER SCHOOL CLUBS

New clubs commence May 2nd. Letters will go out on Monday. Paper copy.

HOME LEARNING

Our next home learning project will be sent home on Monday - paper copy.

Thank you for your continued support with this.

Chat health



Young people aged 11-19 can access the School Nursing service via text for confidential, anonymous health advice and support. Mon- Fri 8:30-16:30 except bank holidays

Text:07520615718

**IF YOU'RE 11-19 YEARS OLD
TEXT YOUR SCHOOL NURSE ON
07520 615718
FOR CONFIDENTIAL ADVICE AND SUPPORT**

We help young people with all kinds of things like...

**BULLYING
SMOKING
EMOTIONAL WELLBEING
FEELING SAD OR ANGRY
EXAM STRESS**

**HEALTHY EATING
CHANGES TO YOUR BODY
DRUGS
ALCOHOL
RELATIONSHIPS**

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not require voice calls or SMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your school's mobile phone policy. Messages are charged at your usual rate.

PARENTLINE- text in service for parents of 5-11 year olds

This is a new service launching on April 18th 2023.

Parents will be able to access a school nurse for advice and support with a wide range of health problems. This isn't a diagnostic service but we can provide information, eg, re emotional well- being, healthy eating, continence issues.

parent line

**If you're a parent or carer of a 5-11 Year Old
Text your school nurse on
07312 263178
For confidential advice and support**

  

What are head lice?

Head lice are small, flat insects that live and lay eggs on the human scalp. They are sometimes called nits. They live on the hair and feed by sucking blood from the scalp. They are pale grey (before feeding) and reddish brown (after feeding). They can look like grains of sand or dandruff. Head lice do not carry or pass on disease.

Who can get head lice?

Anyone can get head lice. They are a common problem and cause concern and frustration for parents and children. Catching head lice has nothing to do with poor hygiene, e.g. dirty hair.

How do people get head lice?

People get head lice from head to head contact with someone who already has head lice. This can easily happen when children play or sleep together and their heads touch. Head lice can only crawl from hair to hair. They can't fly or jump from head to head. Head lice only survive on humans. They die quickly when they are not on the head, usually within 24 hours.

How do I check for and treat head lice?

Head lice can live all over the head but particularly like warm places behind the ears, around the bottom of the hair line, and on top of the head. You don't need to buy expensive products to get rid of head lice. You can buy a fine-tooth head lice comb from your pharmacy. If you choose to use a chemical or herbal treatment, speak to your pharmacist, doctor or nurse for advice about what treatment to use and how to use it.

If you find live head lice or eggs on your child's scalp, use the wet comb method to get rid of as many nits as soon as you can. Remember to check everyone in the house for nits as well. Use the wet comb method every day on everyone who has nits. You can stop once you find no lice or eggs for 3 days in a row. Check the hair of everyone in the house twice a week for the next 2 weeks to make sure everyone stays clear.

Check for lice and eggs whenever you are brushing your child's hair or any time they are scratching their head.

Week 1

Week starting:
01/02/23 08/02/23
15/02/23 22/02/23
29/02/23 06/03/23

MONDAY
Home Baked
Cheese & Tomato Pizza
Or
Vegan Topped Pizza
Served with
Potato Wedges
Baked Beans & Veggie
Sticks

THURSDAY
Yorkshire Pudding Filled
with Slow cooked Beef
or
Vegan Quorn Fillet
cooked in Gravy
Served with
Mashed/Roast Potato
Broccoli & carrots

TUESDAY
Home Made
Cottage Pie
Or
Vegan Mince Cottage Pie
Served with
Carrots & Broccoli
Gravy
&
Crusty Bread

FRIDAY
Oven Baked Salmon Fish
Fingers
or
Vegan Quorn Dippers
Served with
Chipped Potatoes
Veggie sticks

WEDNESDAY
Home baked
Chicken Neapolitan Pasta
Bake
Or
Vegetable Neapolitan
Pasta Bake
Served with Peas
Sweetcorn & Crusty
Bread

Week 2

Week starting:
13/02/23 20/02/23
27/02/23 06/03/23
13/03/23 20/03/23

MONDAY
Cheesy Topped
Tomato Pasta Bake
Or
Vegan cheesy Topped
Pasta Bake
Served with
Carrots Peas
& Crusty Bread

THURSDAY
Roast Turkey
Or
Vegan Quorn Sausage
Served with
Roast/Mashed Potato,
Cabbage &
Carrot & Swede Mash
Mini Yorkshire pudding

TUESDAY
Beef Burger
Or
Vegan Bacon burger
In a Bun
Herbie Diced Potatoes
Crunchy Slaw
Baked Beans/Sweetcorn

FRIDAY
Birdseye
Fish Fingers
or
Fishless Fingers
Served with
Chipped Potatoes
Sweetcorn
&
Crusty Bread

WEDNESDAY
Homemade Beef
Bolognese
Or
Vegan Bolognese
Served with Pasta
Seasonal Vegetables
Crusty Bread

Week 3

Week starting:
20/02/23 27/02/23
06/03/23 13/03/23
20/03/23 27/03/23

MONDAY
Pork Meatballs
or
Vegan Meatballs
cooked in Gravy
Served with
Pasta
Broccoli/Carrots/Peas
&
Crusty Bread

THURSDAY
Roast Chicken Fillet
Or
Vegan Quorn Fillet
Served with
Roast/Mashed Potato
Peas/Broccoli/Carrots
Mini Yorkshire pudding
&
Crusty Bread

TUESDAY
Chicken Burger
Or
Vegan Quorn Fillet
in a Bun
Served with
Potato Wedges
&
Veggie Sticks

FRIDAY
Oven Baked Salmon Bites
or
Vegan Sausages
Served with
Jacket Wedges
Baked Beans
Peas/Sweetcorn
Veggie Sticks

WEDNESDAY
Homemade Beef
Bolognese
or
Vegetable Bolognese
Served with Pasta
Peas/Broccoli
&
Crusty Bread

Our menu continues to follow the Welsh Government's Food and Nutritional Standards set out in the Healthy Eating (Wales) Regulations 2013.

Go to www.food.gov.uk/ratings to find out the food hygiene rating of our schools or ask them to tell you their

the **BIG**
FRESH
Catering
company

Welcome to our September 2022 menu
A Selection of Dessert available daily

Fresh Fruit/Yogurt/Cheese & Crackers/ Cookies and Welsh cakes with fresh fruit.

Ice Cream with fresh fruit every Thursday

Vegan Cookies/Fresh Fruit/Vegan Cheese & Crackers/Jelly

Allergen information to accompany this menu is held in the Kitchen available upon request

Please contact us if your child has specialist dietary needs; we aim to provide a healthy balanced school meal for every pupil.
www.bigfreshcatering.co.uk

Fresh Bread available daily for all

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