



High Street Primary School

St Paul's Ave, Barry, CF62 8HT

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Friday 15th September 2023

BRAWDDEG CYMRAEG YR WYTHNOS / WELSH PHRASE OF THE WEEK

Your child will be learning these phrases in school this week. Please encourage their use of the Welsh Language by practicing with them at home.

Pwy wyt ti? / Beth ydy dy enw di?

Who are you? / What's your name?



Worker of the Week!!

Nursery am: Aryn Bastable-Adams

Nursery pm: Isabella Lawlor

Reception: Rosie Jones

Year 1: Hunter Rose

Year 2: Ethan Mooney

Year 3: Corey Forrester

Year 4: Tommy Prosser

Year 5: Kendall Jenkins

Year 6: Caleb Young

Y Bont: Ajay-Levi Gulley-Rollings

Seren Yr Wythnos

Meithrin yb	Charlie Harper
Meithrin yp	Lily Gay
Dosbarth Dervyn	Riley Rose
Blwyddyn 1	Leonidas Arnold
Blwyddyn 2	Marley Sims
Blwyddyn 3	Molly Edwards
Blwyddyn 4	Niamh Barnard
Blwyddyn 5	Poppy Bowyer
Blwyddyn 6	Isabella Hanlon-Vanstone
Y Bont	Cariad Edwards

HEADLINES

- **COMMUNICATION:** We are transferring from the use of 'SchoolComms' to 'GroupEd' as a means of communicating with parents / carers and reporting absences. We will have a brief transition period before the SchoolComms app is no longer used and the GroupEd App replaces it. Please contact school as soon as possible to receive your invite to GroupEd.
- **SCHOOL UNIFORM:** Wearing school uniform enables a sense of belonging between children. Please remember you can access our school 'Swap Shop' for any additional items you may need. Whilst not compulsory, school jumpers and t-shirts with the school logo are available for purchase from our office.
- **NEW Breakfast Club TASTERS:** Over the next few weeks we will be trialling some new breakfast items during breakfast club. This will include pancakes and porridge. Favoured items will be added to our future breakfast club menu.
- **YEAR 1 and YEAR 2 PARENT AND CHILD MATHS SESSIONS:** This will be a 10-week programme in school run by Cardiff and Vale College. The first session will commence on Wednesday 20th September at 9am.
- **COFFEE MORNING AND AFTERNOON in aid of MACMILLAN CANCER SUPPORT:** We will be holding a coffee morning at 9am and a coffee afternoon at 2pm on Friday 29th September in aid of Macmillan. Everyone welcome! More information to follow.

HEADLINES

- **COVID TESTS:** We have excessive numbers of Covid tests in school which expire in December if parents would like to collect them from Reception.
- **UPDATED DINNER MENU:** Updated dinner menu attached from Big Fresh. Next week we are on Week 3.

Week 1
Week starting: 4/9/23
25/9/23
16/10/23

MONDAY
Home Baked Cheese & Tomato Pizzas
Or
Vegan Topped Pizzas
Served with Potato Wedges
Baked Beans & Veggie Sticks

TUESDAY
Pork Sausage
Or
Vegan Sausage
Served with Mashed Potato
Carrots & Broccoli
Gravy & Crusty Bread

WEDNESDAY
Home baked, Chicken Neapolitan Pasta Bake
Or
Vegetable Neapolitan Pasta Bake
Served with Peas
Sweetcorn & Crusty Bread

THURSDAY
Yorkshire Pudding Filled with Slow cooked Beef.
or
Vegan Quorn Fillet cooked in Gravy.
Served with Mashed/Roast Potato
Broccoli & carrots

FRIDAY
Oven Baked Salmon Fish Fingers
or
Vegan Quorn Dippers
Served with Chipped Potatoes
Sweetcorn/Peas & Baked Beans

Week 2
Week starting: 11/9/23
2/10/23
23/10/23

MONDAY
Cheesy Topped Tomato Pasta Bake
Or
Vegan cheesy Topped Pasta Bake
Served with Carrots Peas & Crusty Bread

TUESDAY
Homemade Beef Bolognese
Or
Vegan Bolognese
Served with Pasta
Seasonal Vegetables
Crusty Bread

WEDNESDAY
Beef Burger
Or
Vegan Bean burger
In a Bun
Herbic Diced Potatoes
Crunchy Slow Baked Beans/Sweetcorn

THURSDAY
Roast Turkey
Or
Vegan Quorn Sausage
Served with Roast/Mashed Potato, Cabbage & Carrot & Swede Mash
Mini Yorkshire pudding

FRIDAY
Birdseye Fish Fingers
or
Fishless Fingers
Served with Chipped Potatoes
Sweetcorn & Crusty Bread

Week 3
Week starting: 18/9/23
9/10/23
30/10/23

MONDAY
Pork Meatballs
or
Vegan Meatballs
cooked in Gravy.
Served with Pasta
Broccoli/Carrots/Peas & Crusty Bread

TUESDAY
Homemade Beef Bolognese
or
Vegetable Bolognese
Served with Pasta
Peas/Broccoli & Crusty Bread

WEDNESDAY
Chicken Burger
Or
Vegan Quorn Fillet in a Bun
Served with Potato Wedges & Veggie Sticks

THURSDAY
Roast Chicken Fillet
Or
Vegan Quorn Fillet
Served with Roast/Mashed Potato
Peas/Broccoli/Carrots
Mini Yorkshire pudding & Crusty Bread

FRIDAY
Oven Baked Salmon Bites
or
Vegan Sausages
Served with Jacket Wedges
Baked Beans
Peas/Sweetcorn
Veggie Sticks

Our menus continue to follow the latest Government's Food and Nutrition Guidelines set out in the Healthy Eating Review/Recommendations 2020.
Go to www.food.gov.uk/nutrition to find out the food hygiene rating of our schools or ask them to tell you then.

the BIG FRESH
Catering
company

Welcome to our September 2023 menu.
A Selection of Dessert available daily

Fresh Fruit/Yogurt/Cheese & Crackers/ Cookies and Welsh cakes with fresh fruit.

Ice Cream with fresh fruit every Thursday

Vegan Cookies/Fresh Fruit/Vegan Cheese & Crackers/Jelly

Allergen information to accompany this menu is held in the Kitchen available upon request.

Please contact us if your child has specialist dietary needs; we aim to provide a healthy balanced school meal for every pupil.
www.bigfreshcatering.co.uk

Fresh Bread available daily for all

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