

Family Engagement Monthly Newsletter

Hey Parents and Carers,



We're excited to share the first edition of our Family Engagement Newsletter. Dive in to see what's been going on and what's coming up. If you have any questions, feel free to reach out to Mrs. Walker at Walkera98@Hwbcymru.net.



Looking forward to connecting with you!



In January we started our new courses
LISTENING SKILLS

Years 1, 2 and reception parents were welcomed to join us and Cardiff and Vale Colleges family learning team to a 10 week Listening Skills course, we've started well and the children and parents have been enjoying themselves so far.

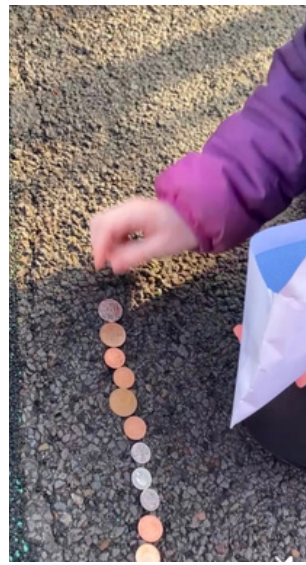
SEWING SKILLS

We also started our parents Sewing Skills short course with The Vales Adult Community Learning. The ladies have been making fantastic progress and their confidence has hugely increased. Can't wait to see what else they make.





On the 21st January we held a penny trail, the children thoroughly enjoyed it and we raised £86.00 for Bigmoose.



PARENTS COUCH 2 5K RUNNING GROUP

A small group of parents have started doing the couch to 5k training plan, on a Monday and Thursday at 9am if you would like to join us. Its a gentle pace with chatting along the way. Our aim is also to take part in the Bigmoose fun walk/run in April (see QR code) we would love you all to join too.



COMMUNITY FOOD PANTRY



Come and use our pantry, pop in for a cuppa and a chat feel free to fill a bag of 10 items for £5

Tuesdays 8:50am

Wednesdays 8:50am

Thursday 3:00pm

Friday 8:50am and 3:00pm



If these times don't suit please contact Mrs.Walker and we can arrange a different time.

COMING UP AFTER HALF TERM

Language and Play sessions

A new Language and play session for parents and children aged 6mths to 4 years
Wednesday 9am - 11am open to mums, dads, aunties, uncles and grandparents.
Children in nursery welcome to join See Mrs. Walker

NEW COURSES

Authentic Indian cooking on a budget

Fridays 9am in The Snug
Let Mrs. Walker know if you
want to join, starting
07/03/25

Welsh for beginners

More information
to follow

MOTHERS DAY AFTERNOON TEA



We would love to invite you to
a mothers day afternoon tea
session. More info to come
soon

BIGMOOSE FUN WALK/RUN AND CHEER SQUAD

We would love to see lots of parents and children sign
up and take part in the Bigmoose fun run/walk you can
choose 5k, 10k or further, if you don't feel able to take
part then come and join us as part of our cheering on
squad. See the QR code further up the page.
Also see Mrs. Walker for more info.

On Going Info

UNIFORM

If your child needs any items of uniform, we run a Swap Shop in the main reception area. Parents can come in and exchange their old uniforms for new ones. Or pick up some for a small donation. This is a great way to ensure your child has the right uniform without the extra cost.

Additionally, we kindly ask parents to donate any unwanted clean tidy uniform to the school.

NEW PARENT COMPUTER AVAILABLE

A computer is now in The Snug for parents to use, if you need to fill out application forms, produce a document, apply for a job, sort out benefits etc, anything thats tricky to do on a phone! come and use our computer.

If you need help filling out any forms, finding information for your family, or some advice with parenting life or mental health come and see Mrs. Walker

WalkerA98@hwbcymru.net

Support

Useful links

Families First advice line

0800 0327322

familiesfirstadvice@gov.uk

Information on

FACT

Young Carers

Youth Well being

Vale Parenting Service

Vale Family Information Service

01446 704704

fis@valeofglamorgan.gov.uk
information on

Childcare and childcare costs

Parent and Toddler Groups

Activities and Services for Children

Family Support for children with additional needs

SNAP CYMRU

0808 801 0608

enquiries@snapcymru.org

Information and advice for children and young people with additional needs.

CUBE

WHOLE FAMILY SUPPORT

tammi@cubecentre.co.uk

07801 978676

Free support to individuals, families, or children

