



Reach for the Stars, by Learning and Growing Together

Friday 9th October 2026

Dear Parents and Carers

ATTENDANCE:

Our attendance target for this year is 91.5%. This week we have reached 91.7%.

Attendance this year so far:

Nursery:	88.5%
Reception:	94.7%
Year 1:	89.8%
Year 2:	89.8%
Year 3:	94.7%
Year 4:	94.9%
Year 5:	91.3%
Year 6:	87.7%

Wednesday 14th October 2026

**Year 6 Trip. Please return consents as soon as possible.
There will be no cost for this trip, but we need consent.**

HALLOWEEN DISCO TICKETS

Tickets are being sold at the end of the school day by parents in the Cwtch (accessed from the main yard). Alternatively, money for tickets can be placed in an envelope with your child's name and class labelled on the front. These will then be passed to our 'Helping Hands' parent who will organise the tickets.

RESIDENTIAL TREGINNIS FARM Y5 & Y6 MEETING

I will hold a meeting at 2.30pm on Thursday 22nd October to discuss details and arrangements for the Farm trip. Children **will not** need a sleeping bag or pillow. They **will need** full length (not ankle) wellies and lots of old clothes to layer up when cold and remove when too hot. Children will be provided with a set of waterproofs to wear on the farm.

FLU NASAL SPRAY – 15th October 2025

As we approach flu season, we want all families to have the information they need to help protect their children's health. Flu can spread quickly in school environments and can cause serious illness in children. This autumn, all school children from Reception to Year 11 (inclusive), will be offered the free and quick, nasal spray flu vaccine at school.

The flu nasal spray vaccine is safe, painless, and helped protect over 220,000 school-aged children in Wales last year. Giving consent for your child to have the flu vaccine, helps keep them healthy - reducing the risk of illnesses that could disrupt their learning, play and your family life. The nasal spray flu vaccine is the recommended vaccine for children and young people, but if they can't have the flu vaccine or you'd prefer a gelatine-free vaccine, they can have the flu vaccine by injection instead. Give your consent for your child's flu vaccine to help keep them healthy this winter.

For more information about the flu vaccination visit: www.phw.nhs.wales/flu vaccine

Thank you for supporting your child and our school community.

DIWRNOD SHWMAE

On Thursday 15th October we will be celebrating Diwrnod Shwmae. This would involve learners completing Welsh activities during the day and using Welsh to greet each other.

SHOW RACISIM THE RED CARD – FRIDAY 16TH OCTOBER

On Friday we invite the children to wear red / something red in support of ‘Show Racism the Red Card’. Classes will complete activities around this theme.

BIG FRESH MENU – STARTS AFTER HALF TERM

Please find the new menu which will be introduced after October half term, below. Any questions must be raised directly with Big Fresh.

AFTER SCHOOL CLUBS

Clubs will continue on Monday 12th October, continuing until Friday 27th November.

NURSERY PARENT / CARER ‘SETTLING’ SESSIONS

Please see ARBOR message sent to individual parents regarding booking an appointment online. We are trialling a new system and would be grateful for your feedback.

CHANGES TO FOREST SCHOOL and PE Days

These changes started on Monday 5th October.

<u>FOREST AND PE TIMETABLE:</u>	
Monday:	Year 5
Tuesday:	Year 2 and Year 3
Wednesday:	Year 1
Thursday:	Nursery and Reception
Friday:	Year 4 and Year 6

NAMES ON PERSONAL ITEMS:

Please ensure your children's jumpers, cardigans, coats and water bottles have their names on.

DATES FOR ACADEMIC YEAR:

Confirmed dates can be found at the end of this newsletter.

SNACK:

Children are welcome to bring a fruit snack. This includes apples, bananas etc. Staff cannot cut up fruit for children. Processed ‘fruit’ snacks that come in packets, pots or wrapping are not allowed.

NUT ALLERGIES:

We have a number of children with nut allergies so nuts and items containing nuts are not allowed in lunchboxes. Please check packets and containers when making lunches for traces of nuts as contact with such items can have significant impact on the health and wellbeing of individuals.

ALN:

Mrs Kingston is our ALNco. All matters regarding ALN can be sent to the following email address. Learning-NeedsA6@Hwb.cymru.net. Mrs Kingston will manage this and all other ALN matters on a Tuesday each week. **This will change to a Monday following half term.**

DIARY DATES FOR SEPTEMBER 2026/27**New Information will be added in red.**

DATES	EVENTS
14th October 2026	Year 6 Trip. Please return consents as soon as possible. There will be no cost for this trip but we need consent.
14th October, 19th October and 20th October	Nursery 'settling meetings'. Please book you appointment via Arbor.
Thursday 15th October	Flu Vaccinations in school Reception through to Year 6.
Friday 16th October	Show Racism the Red Card
Weds 21st October	Halloween Disco – Details to follow
Thursday 22nd October	Harvest – Contributions to Vale Foodbank. List to be shared closer to date.
Thursday 22nd October	2.30pm Parent / Carer Meeting regarding Treginnis Farm residential.
Monday 26th Oct to Friday 30th Oct	October Half Term
Monday 9th Nov to Friday 13th Nov	Year 5 and Year 6 Residential to Treginnis Farm, St David's.
Tuesday 17th and Weds 18th Nov	Parent/Teacher meetings. All appointments will be undertaken face to face this year. Appointments to follow.
Monday 16th to Friday 20th Nov	Road Safety Week
Friday 20th November	Children in Need
Monday 7th December	Christmas Concert dates TBC
Tuesday 8th December	Christmas Concert dates TBC
Wednesday 9th December	Christmas Concert dates TBC
Thursday 10th December	Christmas Jumper Day and Christmas Dinner
Wednesday 16th December	Year 1 through to Y6 MEMO Hall Billboard Ensemble 1pm to 2.30pm Alice in Wonderland
Thursday 17th December	Christmas Buffet and Party games (pm)
Monday 21st Dec to Friday 1st Jan	Christmas Holidays – Half Term
Monday 4th January	INSET Day – Children do not attend school. Staff training day. Children return to school on Tuesday 5 th January 2027.
Monday 11th January to Friday 22nd January	Year 5 swimming lessons – Details to follow.
Monday 8th Feb to Friday 12th Feb	Half Term
Friday 19th March	Red Nose Day
Mon 22nd March to Friday 2nd April	Easter Holidays, Half Term
Monday 5th April	INSET Day – Children do not attend school. Staff training day. Children return to school on Tuesday 6 th April 2027.
Thursday 20th May	Sports Day at Jenner Park Stadium
Monday 31st May to Friday 4th June	Half Term Holidays
Friday 2nd July	Reports go home with children
Tuesday 6th July	Moving on assembly Reception @ 9.15am
Wednesday 7th July	Moving on assembly Year 1 @ 9.15am
Thursday 8th July	Moving on assembly Year 2 @ 9.15am
Friday 9th July	Moving on assembly Year 3 @ 9.15am
Monday 12th July	Moving on assembly Year 4 @ 9.15am Moving on assembly Year 5 @ 2.15pm
Tuesday 13th July	Children spend morning in their new classes
Thursday 15th July	• Year 6 Leavers Assembly @ 9.15am

	<ul style="list-style-type: none"> Nursery Graduation / Reception visit @ 11am with parents
Friday 16 th July	Last Day of school year
Monday 19 th and Tuesday 20 th July	INSET Days

Autumn/Winter Menu WEEK 1

MONDAY
Cheese & Tomato Pizza served with Potato Wedges, Corn on the Cob & BBQ Dip
Jacket Potato & Choice of Filling
Chocolate Rice Pudding & Fruit Slices

TUESDAY
Beef Bolognese or Vegetable Bolognese served with Pasta or a Jacket Potato, Carrots & Broccoli
Jacket Potato & Choice of Filling
Cheese & Crackers & Fruit Slices

WEDNESDAY
Pork Sausage or Vegan Sausage served with Yorkshire Pudding, Mashed & Roast Potato, Peas, Carrots, Vegetable of the Week & Gravy
Jacket Potato & Choice of Filling
Yoghurt & Fruit Slices

THURSDAY
Chicken or Vegetable Korma served with Naan Bread, 50/50 Rice or Jacket Potato, Cauliflower & Broccoli
Hot Tomato Pasta Pot
Jacket Potato & Choice of Filling
Cookie & Fruit Slices

FRIDAY
Bubble Crumb Salmon Fillet or Fish Fingers or Quorn Dippers served with Mashed Potato or Potato Smiles with Baked Beans & Vegetable Medley
Jacket Potato & Choice of Filling
Ice Cream & Fruit Slices

the BIG FRESH Catering company

Week 1
W/C: 2/11/26, 16/11/26, 30/11/26, 14/12/26, 11/01/27, 25/01/27

Week 2
W/C: 9/11/26, 23/11/26, 7/12/26, 4/01/27, 18/01/27, 1/02/27

Autumn/Winter Menu WEEK 2

MONDAY
Pork Meatballs or Vegetarian Balls in Gravy served with 50/50 Rice or Pasta, Broccoli & Carrots
Jacket Potato & Choice of Filling
Yoghurt & Fruit Slices

TUESDAY
Cheese Wheel served with Herby Diced Potatoes, Baked Beans & Peas
Hot Tomato Pasta Pot
Jacket Potato & Choice of Filling
Pancake & Peach Slices

WEDNESDAY
Diced Beef in Gravy or Diced Vegan Pieces served in a Yorkshire Pudding with Mashed & Roast Potato, Broccoli, Carrots & Vegetable of the Week
Jacket Potato & Choice of Filling
Ice Cream & Fruit Slices

THURSDAY
Tomato & Basil Pasta served with Cheese, Garlic Bread & Corn on the Cob
Jacket Potato & Choice of Filling
Cheese & Crackers & Fruit Slices

FRIDAY
Bubble Crumb Salmon Fillet or Harry Ramsden's Fish or Quorn Dippers served with Mashed Potato or Potato Waffle with Baked Beans & Vegetable Medley
Jacket Potato & Choice of Filling
Cake & Custard & Fruit Slices

Daily Dessert Alternatives of Yogurt & Fresh Fruit Available
Fresh Salad & Additional Wholemeal Bread Available Daily
 For any special dietary requirements, please contact your school. Allergen information is available on request
 We work closely with our main suppliers to maximise the use of Welsh & Fairtrade produce where possible and only use products containing sustainably sourced palm oil as part of our journey to becoming a deforestation-free champion company.

Hydref/Gaeaf Bwydlen WYTHNOS 1

DYDD LLUN
Pitsa Caws a Thomato wedi'i gweini gyda Lletemau Tatws, Corn ar y Cob a Dip Barbecue
Taten trwy'i Chrŷs a dewis o Lenwad
Pwddin Reis Siocled a Sleisys Ffrwythau

DYDD MAWARTH
Bolognese Cig Eidion neu Folognese Llysiau wedi'i weini gyda Phasta neu Ddatws trwy'u Crys, Moron a Brocoli
Taten trwy'i Chrŷs a dewis o Lenwad
Caws a Chracrys, Sleisys Ffrwythau

DYDD IAU
Korma Cyw Iâr neu Lysiau wedi'i weini gyda Bara Naan, Reis 50/50 neu Datws trwy'u Crys, Blodffresych a Brocoli
Pot Pasta Tomato Poeth
Taten trwy'i Chrŷs a dewis o Lenwad
Cwci a Sleisys Ffrwythau

the BIG FRESH Catering company

Wythnos 1
Yn dechrau'r wythnos: 2/11/26, 16/11/26, 30/11/26, 14/12/26, 11/01/27, 25/01/27

Wythnos 2
Yn dechrau'r wythnos: 9/11/26, 23/11/26, 7/12/26, 4/01/27, 18/01/27, 1/02/27

Hydref/Gaeaf Bwydlen WYTHNOS 2

DYDD LLUN
Pelenni Cig Porc neu Belenni Llysieuol mewn Grefi wedi'u gweini gyda Reis 50/50 neu Basta, Brocoli a Moron
Taten trwy'i Chrŷs a dewis o Lenwad
Iogwrt a Sleisys Ffrwythau

DYDD MAWARTH
Olwyn Gaws wedi'i gweini gyda Thatws wedi'u Deisio a Phertlysiau, Ffa Pob a Phys
Taten trwy'i Chrŷs a dewis o Lenwad
Crempong a Sleisys Eirin Gwlanog

DYDD IAU
Pasta Tomato a Basil wedi'i weini gyda Chaws, Bara Garleg a Chorn ar y Cob
Taten trwy'i Chrŷs a dewis o Lenwad
Caws a Chracrys a Sleisys Ffrwythau

Dewisiadau pwddin dyddiol o iogwrt a ffrwythau ffres ar gael
Salad ffres a bara gwenith cyflawn ychwanegol ar gael bob dydd
 Os oes gennych unrhyw ofnion dietegol arbennig, cysylltwch â'ch ysgol. Mae gwybodaeth am alergenau ar gael ar gais
 Rydym yn cydwethio'n agos â'n prif gyflenwyr i wneud y defnydd mwyaf posibl o gynnyrch Cymreig a Masnach Deg lle bo modd, ac yn defnyddio cynhyrchion sy'n cynnwys olew palmwydd o ffynonellau cynalladwy yn unig, fel rhan o'n hymdrech i ddod yn gwmni hyrwyddwr di-ddatgoedwigo.